

# Trinity Lutheran School

## October 2020 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Mini cinnamon cream cheese Bagel Kiwi/blueberries Banana Milk	2 Nutri-Grain Bar Granola bar Strawberries Juice Milk
5 Pop-Tart (WG) BelVita Bites Orange Fruit cup Milk	6 Chocolate muffin String cheese Pineapple Juice Milk	7 Vanilla yogurt Granola Berries Apple Milk	8 Cereal Graham crackers Dried cherries Banana Milk	9 Cereal bar Animal Crackers Cucumber coins Blueberries Milk
12 Nutri-Grain Bar BelVita Bites Craisins Apple Milk	13 PB&J Uncrustable Blackberries Baby carrots Milk	14 Mini waffles Hard boiled egg Pineapple Juice Milk	15 Blueberry muffin Banana Fruit cup Milk	16 Pop-Tart (WG) String cheese Orange Juice Milk
19 Cereal bar Graham crackers Pear Applesauce Milk	20 Cherry frudel String cheese Grapes Juice Milk	21 Chocolate muffin Cantaloupe Baby carrots Milk	22 Pop-Tart (WG) Nutri-Grain Bar Banana Fruit cup Milk	23 No School Professional Development Day
26 Cereal Granola bar Plum Craisins Milk	27 Graham cracker Hard boiled egg Banana Juice Milk	28 Pop-Tart (WG) Animal Crackers Pear Fruit cup Milk	29 Cereal bar Yogurt Apple Juice Milk	30 PB&J Uncrustable Cucumber coins Orange Milk

**STUDENT PRICE**  
\$1.65

Reduced \$0.30  
Additional Milk \$0.40  
Adult/Guest \$2.65

Free & reduced meal applications can be requested from the office or completed online at any time throughout the school year.

**Key:**  
WGR – Whole Grain Rich  
WG – Whole Grain